



Heidi Victoria MP

Member for Bayswater District
Shadow Minister for Arts & Culture
Shadow Minister for Tourism & Major Events
Shadow Minister for Aboriginal Affairs



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MEDIA RELEASE

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Students take the wheely easy and fun way to school

Bayswater District MP Heidi Victoria will join hundreds of students across her electorate next week, including those at Bayswater North Primary School, for the annual Ride 2 School day.

In only a few decades, the numbers of students riding, or walking, to school has dropped dramatically from 80 per cent to about 20 per cent.

Ms Victoria said initiatives such as Ride 2 School Day were one way to make sure that children got enough daily physical activity but in an easy and fun way.

“Riding to school is not just about exercise but it helps to build confidence and make students feel self-sufficient,” Ms Victoria said.

“It’s incredibly important to make physical activity a normal part of all children’s lives.”

Ms Victoria encouraged all parents and teachers to support their children in riding or walking to school, not just for the Ride 2 School initiative but as often as possible.

“Riding or walking to school is an easy way to integrate activity into normal daily routine,” she said.

The Bicycle Network says schools which participate in the annual Ride 2 School Day program have twice the national average of students

This year it is estimated that some 300,000 students across Australia will ditch the car and ride, skate, scoot or walk to school.

Photo Opportunity: *Heidi Victoria will be at Bayswater North Primary School on Friday March 13 from 8.30am to join Ride 2 School participants. All media welcome*

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