

# Heidi Victoria MP

Member for Bayswater District

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## Tons of fun for seniors in Bayswater District in 2013

Bayswater District seniors will be spoilt for choice with the 2013 Victorian Seniors Festival boasting a jam-packed program of entertainment and activities throughout October.

Member for Bayswater District Heidi Victoria MP today urged seniors in Bayswater District to pick up a 2013 Seniors Festival program guide and start planning to make the most of what this year has to offer.

"This is a great opportunity for the senior members of our community to get out in their local area and meet other residents," Ms Victoria said.

"It's a terrific way to find a new sport to play or a group to join and to live a healthy, active life."

Bayswater District seniors can dabble in a bit of lawn bowls at Heathmont Bowls Club on October 10, try their hand at tennis at Knox City Tennis Club every Thursday during October or test their skill at the Ringwood Croquet Club on Tuesday, October 8.

The festival, now in its 31<sup>st</sup> year, celebrates the men and women, aged 60 and over, who give so much to Victorian communities and highlights the benefits of ageing well and keeping active, healthy and involved in the community.

There are more than 1000 events planned state-wide which include music, the arts, sports or learning. Key events run from Sunday, October 6 to Sunday, October 13 with additional festivities across Victoria during October.

Free public transport will be offered to Victorian Seniors Card holders from October 6-13.

Each of Victoria's 79 councils will receive a grant for events during the festival through \$208,000 from the Victorian Coalition Government and for more information on local events contact Knox Council or Maroondah Council.

Pick up a 2013 Seniors festival program at all Coles stores, libraries, council offices, neighbourhood houses, University of the Third Age offices and Life Activity Clubs Victoria. Or call Seniors Information Victoria on 1300 135 090 for a program or visit Seniors Online at [www.seniorsonline.vic.gov.au](http://www.seniorsonline.vic.gov.au)

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